

Valley-Dowling trims Metros, 5-3

DES MOINES — Undefeated Valley-Dowling of West Des Moines jumped in front 3-0 in the first 9:09 Saturday, then held on for a 5-3 win over the Sioux City Metros in semifinal round action at the Iowa High School Hockey League Tournament.

Valley-Dowling, the runaway IHSHL regular season champion with a 20-0 record and now 22-0, got two goals and two assists from John Strako while advancing into today's championship game against Dubuque, second in the final league standings.

Dubuque, now 14-7-1, won Saturday's other semifinal, nipping Waterloo Columbus, 6-5.

ISU women fall

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Sioux City takes on Waterloo Columbus for third place today at 1:30 p.m.

Summary

First period: 1, Valley-Dowling — John Davis (John Strako) 0:52. 2, Valley-Dowling — Strako (Mike Ferrari) 5:46. 3, Valley-Dowling — Ferrari (Strako) 9:09. 4, Sioux City — T.J. Reinsch (Ross Van Rooyan) 14:14. *Penalties:* Austin, SC, 2:56; N. Krueger, V-D, 2:56; Post, SC, 8:11; Dressen, V-D, 9:37; Fuller, V-D, 10:48; Reinsch, SC, 12:02.

Second period: 5, Valley-Dowling — Strako (Mike Blackburn) 11:41. *Penalties:* Dressen, V-D, 1:38; B. Krueger, V-D, 2:34; Augustine, SC, 2:34; Post, SC, 4:21 (double minor, major); Davis, V-D, 5:16; Dressen, V-D, 8:54; Lake, SC, 10:24; B. Krueger, V-D, 14:03; Van Rooyan, SC, 14:03.

Third period: 6, Sioux City — Reinsch (Chris Sorum) 1:54. 7, Valley-Dowling — Tony Dressen (Brian Krueger) 9:24. 8, Sioux City — Sorum (Reinsch, Matt Lester) 11:05. *Penalties:* Lester, SC, 1:44; Post, SC, 5:32; Orum, V-D, 12:36; Nall, V-D, 13:08.

Score by periods:

Sioux City.....	1	0	2	—	3
Valley-Dowling.....	3	1	1	—	5

Shots on goal:

Sioux City.....	12	9	12	—	33
Valley-Dowling.....	11	13	6	—	30

Goalies: Sioux City — Jeremy Lund. Valley-Dowling — James McCalliard.

The underdog Metros, now 12-10, got two goals and an assist from T.J. Reinsch, while Chris Sorum accounted for the other Sioux City goal.

Reinsch blunted Valley-Dowling's early 3-0 cushion, scoring with 46 seconds to play in the first period.

Strako collected the only goal of the second period to make it a 4-1 game, then Reinsch scored again for Sioux City at 1:54 of the final session.

Tony Dressen's goal at the 9:24 mark gave Valley-Dowling a 5-2 cushion before Sorum connected at 11:05 for the final tally of the game.

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